

# THE FUTURE OF CARE c/o SCOTTISH CARE PRESTWICK SCOTLAND KA9



# IS THE CARE TECHNOLOGIST THE FUTURE OF AGED SOCIAL CARE?









Ageing Better. (2022). Age Positive Image Library [Online]

### WHAT DOES OLDER AGE LOOK LIKE?

# HOW WE IMAGINE OLDER AGE IMPACTS ON HOW WE DESIGN AND PROVIDE FOR IT



Olivia





























Olivia

# EXPECTATIONS ARE CHANGING....

NHS & SOCIAL CARE ARE 75 YEARS OLD

**GLOBALLY** 

2023, 1:11 over 65

by 2050, 1:4 over 65

UN projection





SCOTLAND

Health inequalities worsened in last 10 years

20 year gap between years of good health in most and least deprived areas, 48.2 years and 72.3 years respectively

Source: Public Health Scotland, 2023



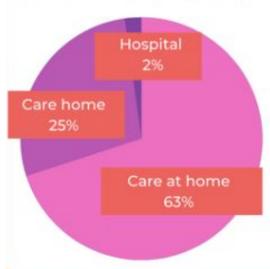
Unpaid carers

1 million people in Scotland are unpaid carers

1 in 4 over the age of 50



#### DID YOU KNOW?



The majority of people in Scotland over 18 with long term care needs receive care at home, in comparison to care homes & hospitals.

#### DID YOU KNOW?

91,810

This means that

2%

of Scotland's population receive homecare.

estimated amount people of any age who receive homecare in Scotland.



### NHS in Scotland 2022, Audit Scotland, 23rd February 2023

Workforce capacity is the biggest risk to NHS recovery

There's been a 17 per cent rise in people who can't leave hospital because often the social care they need is not available

351 local people in Dumfries & Galloway awaiting 3222 hours of assessed social care at home, as of 27th Feb 2023

# A BURNING PLATFORM... UNMET NEED+ RECRUITMENT & RETENTION



# DOING THINGS DIFFERENTLY

### OUR APPROACH -

the Design Council's Framework for Innovation

Put people first.

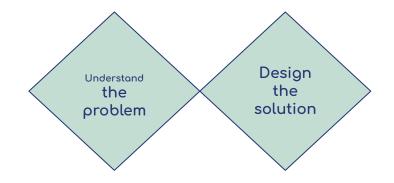
Start with an understanding of the people using the service, their needs, strengths and aspirations.

Communicate visually + inclusively.

Help people gain a shared understanding of the problem and ideas. Collaborate + co-create.

Work together and get inspired by what others are doing. Iterate, iterate, iterate.

Do this to spot errors early, avoid risk and build confidence in your ideas.













.....what we did

#### The Care Technologist

Specialising in facilitating the interactions between assistive technology, people drawing on care and support, and the wider care team in order to provide meaningful and personalised support.

#### **Care Connector**

Specialising in facilitating meaningful relationships - both physical and digital - for people drawing on care and support at home and supports service users to work toward their aspirations and goals.

### FUTURE WORKFORCE ROLES



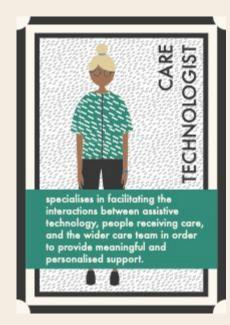
#### Care Navigator

Specialising in coordinating the multidisciplinary care team through gathering, making sense of and organising different flows of data in order to provide responsive, personalised and relationship-based care at home.

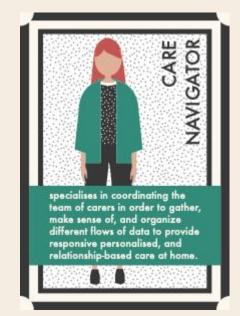


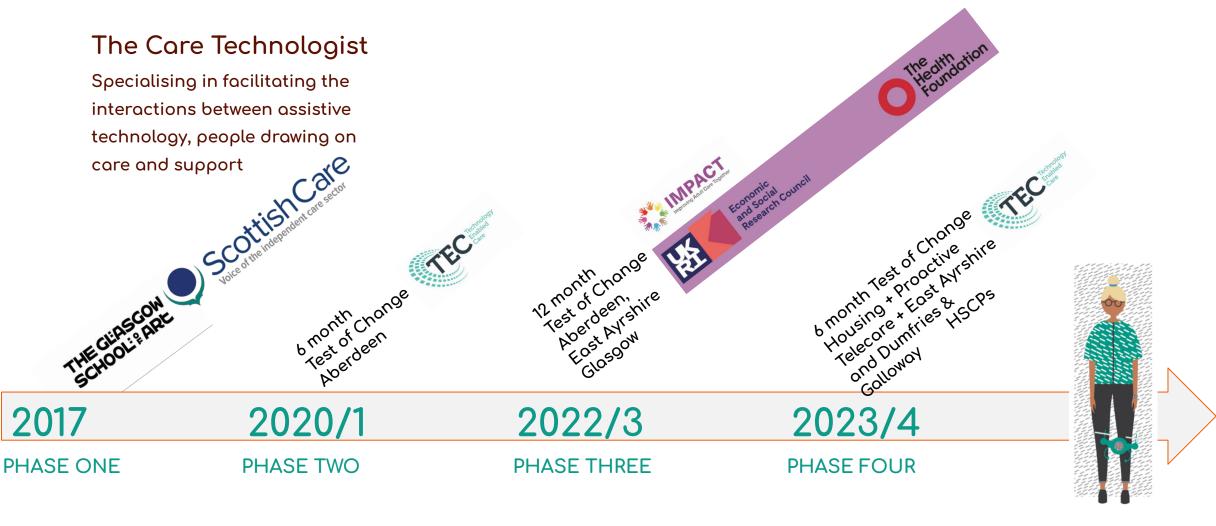


.....what happened







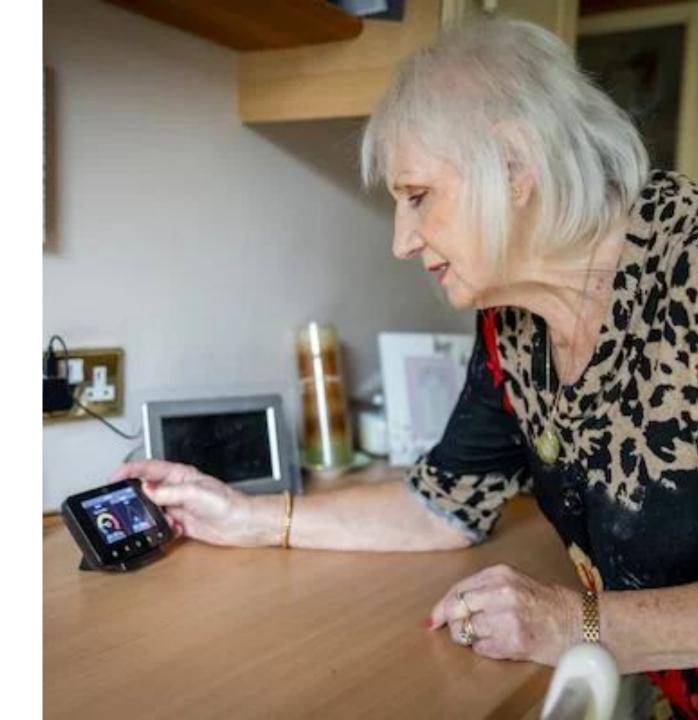


# .....what happened

#### The Care Technologist

Specialising in facilitating the interactions between assistive technology, people drawing on care and support

.....enables greater independence, flexibility and choice for service users as a result of care and support needs being assessed and delivered differently.





- Conversation about what's important
- Tech and digital as a choice
- Optimising existing tech
- Layering in new tech
- Bringing tech together in recipes e.g.
  morning routine; medication
  reminders; home automation;
  environmental monitoring;
  use AI and data analytics



# CASE STUDIES

# CASE STUDIES





There are mixed, often low levels of digital literacy in the front line roles.

Attitudes to technology are mixed with some concerned that technology will replace jobs.

Embedding the Care Technologist in the multidisciplinary team is challenging and takes time.

Workforce churn diminishes the ability to establish workplace Digital Champions to support the transformation.

Most independent homecare providers are SMEs and struggle to have an equal voice in health and social care partnerships.

Lack of parity with roles in health and a career structure.

Complex commissioning landscape.

Complexity of accessing Self Directed Support.

challenges

Enabling the delivery of care and support in remote and rural areas where there is a limited workforce to draw on, and in areas of deprivation where demand for care packages is high.

Potential to reduce hours of unmet assessed need and support prevention, early intervention and reablement.

Helps service providers to work with digital, data and technology.

Supports digital skills and confidence in the workforce.

Some benefits were seen around the growing need for mental health support in the community, which technology helped with and could relieve carer burden to some extent too.

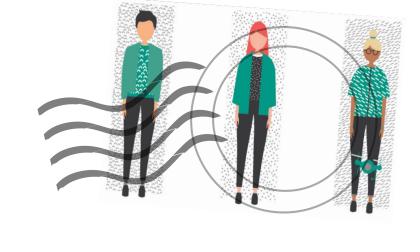
Unintended consequences

Choice, flexibility and greater control for service users as part of a human rights-based model of care.

Attracting a more diverse workforce, potentially adjusting gender balance – currently 77% of care at home workforce is female.

Sustainable services and businesses, less vulnerable to workforce shortages, energy price increases etc.

benefits



# POSTCARDS FROM THE FUTURE

for a sustainable model of integrated care

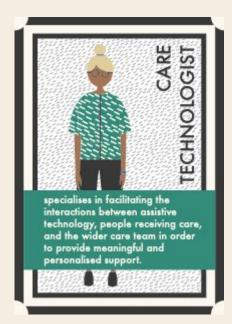


**EVERYONE CAN** BENEFIT FROM **TECHNOLOGY & HAS** ACCESS TO A SKILLED PRACTITIONER WHO CAN HELP



INTEGRATED **HEALTH & SOCIAL CARE** TEAMS USE DIGITAL. DATA & TECHNOLOGY TO GET CARE & SUPPORT RIGHT FOR EVERYONE











# DO YOU WANT TO DO THINGS DIFFERENTLY?

#### **GET IN TOUCH**

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